



# Al-Anon Family Groups of Massachusetts

**2026 SPRING ASSEMBLY — MAY 16, 2026, 9AM - 4PM**

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**Assembly Documents and Presentations:** posted at <https://alanonma.org/2026-Spring-Assembly-Docs/> including:

- [2025 Fall Assembly Minutes](#)
- [Treasurer Report](#)
- [Delegate Report](#)
- [Proposed Bequest Projects](#)
- [Convention Site Proposal](#)
- [Coordinator Reports](#)

Additional presentations may be added after the assembly

**Other Helpful Resources:**

- [How to name yourself on Zoom at the assembly](#)
- [Al-Anon/Alateen Service Manual 2022–2025:](#)  
Includes the Serenity Prayer, Al-Anon Declaration, 12 Steps, 12 Traditions, 12 Concepts, and General Warranties
- [Elections, Motions, Voting Procedures](#)
- [Bylaws of AFG of Massachusetts](#)
- [Guidelines for Group Representatives \(GRs\)](#)

## HOW TO JOIN THE MEETING

### In Person:

First Church Swampscott  
40 Monument Ave  
Swampscott MA 01907

Join Assembly by Zoom:

[Main Room Assembly Zoom Link](#)

or enter Meeting ID: 839 6834 9772 Password: 123456

Please see [How to rename yourself at the Assembly](#).

### Listen by Phone:

(cannot vote)

Dial: 646-931-3860

Meeting ID: 839 6834 9772 Password: 123456

## PREREGISTRATION:

All assembly attendees in person or online please [PREREGISTER](#).

### Link:

You can register by clicking the “preregister” link above, or by going to <https://alanonma.org/register/>

### Need help registering or virtually joining assembly?

Send questions to [feedback@alanonma.org](mailto:feedback@alanonma.org)

### Assembly Registration Fee:

Assembly registration fee may be made when registering online or in person at the assembly. Groups cover the cost for their voting GR or Alternate GR.

**SEE PAGE 2 FOR AGENDA  
AND LINKS TO WORKSHOPS**

# AGENDA

Saturday, MAY 16, 2026, 9:00 AM – 4:00 PM

## AFTERNOON WORKSHOPS

To Join by Zoom:  
Workshop 1 is in the main Assembly room. For workshop 2 or 3, leave Main Room and Click on Workshop Title Below

### Workshop 1:

["It takes only one person to start something, but many others to carry it out." \(Lois W.\)](#) -Tom C.

**In-Person:** Main Assembly Room

**Online:** [Main Assembly Room](#) Link

Meeting ID: 839 6834 9772

Password: 123456

Dial-in: 646-931-3860

### Workshop 2:

[The Three Obstacles to Recovery](#)

**In-Person** Room: posted at Assembly

**Online:** [Workshop 2 Link](#)

Meeting ID: 819 9494 7120

Password: 123456

Dial-in: 646-931-3860

### Workshop 3: [AMIAS Training](#)

**In-Person** Room: posted at Assembly

**Online:** [Workshop 3 AMIAS Link](#)

Meeting ID: 848 8369 5894

Password: 123456

**To return to Main Room after leaving workshop, click [Main Assembly Room](#).**

8:00 AM	<b>DOORS AND ZOOM OPEN</b>
9:00 AM	<b>OPENING</b> — Al-Anon Declaration, Serenity Prayer, 12 Steps, 12 Traditions, 12 Concepts of Service. Meeting etiquette and how voting is to be done.
9:10 AM	<b>SECRETARY REPORT:</b> Read and Approve Minutes from the 2025 Spring Assembly
9:20 AM	<b>TREASURER REPORT:</b> Consensus of Understanding
9:30 AM	<b>DELEGATE REPORT</b>
10:30 AM	<b>ELECTRONIC ALATEEN MEETINGS IN MASS.</b>
11:00 AM	<b>VOTE ON 2028 CONVENTION SITE</b>
11:30 AM	<b>BEQUEST PROPOSALS:</b> Review and vote
11:40 AM	<b>COORDINATOR REPORTS</b>
12:10 PM	<b>LUNCH BREAK</b> Main Room Remains Open
1:15 PM	<b>SPIRITUAL SPEAKER:</b> Tom C.
2:15 PM	<b>WORKSHOPS:</b> Workshops Listed Left of This Agenda
3:25 PM	<b>Workshop feedback, reflections and sharing ESH about being a GR</b>
3:55 PM	<b>CLOSING</b>  <b>Al-Anon Declaration</b>  Let It Begin with Me  When anyone, anywhere reaches out for help, Let the hand of Al-Anon and Alateen always be there. And let it begin with me.