

AMIAS WORKSHOP

THE WHAT
AND HOW

What is the purpose of the annual required Area AMIAS workshops?

The main purpose of these workshops is to provide AMIAS with the resources and help they need to support Alateen groups. It also allows AMIAS to connect with each other to share their experience, strength and hope. You can make connections with other trusted servants in the links of service – district reps, area coordinators and officers. Ultimately, the goal of the AMIAS workshops is to carry the message to AMIAS that they are never alone; and always have access to program tools, resources and other members, to help them as they perform their service in Alateen.

AMIAS CERTIFICATION/RECERTIFICATION TRAINING WORKSHOP

AGENDA

A. HOUSEKEEPING

B. POWERPOINT

C. GENERAL INFO

D. OPEN DISCUSSION

ALATEEN IS...

PART OF THE
WORLDWIDE FELLOWSHIP
OF AL-ANON

A FELLOWSHIP OF YOUNG
PEOPLE WHOSE LIVES
HAVE BEEN AFFECTED BY
ALCOHOLISM IN A
RELATIVE OR FRIEND

WHAT DO I NEED TO KNOW TO SERVE AS AN AMIAS (AL-ANON MEMBER IN ALATEEN SERVICE)

1

1. BE AT LEAST 21 YEARS OF AGE.

2

2. REGULARLY ATTEND AL-ANON MEETINGS.

3

3. HAVE AT LEAST 2 YEARS IN AL-ANON.

WHAT DO I NEED TO KNOW, CONT.

4. NOT HAVE BEEN CONVICTED OF A FELONY, NOT HAVE BEEN CHARGED WITH CHILD ABUSE OR ANY OTHER INAPPROPRIATE SEXUAL BEHAVIOR, AND NOT HAVE DEMONSTRATED EMOTIONAL PROBLEMS WHICH COULD RESULT IN HARM TO ALATEEN MEMBERS.

WSO GUIDELINES www.al-anon.org

YOU WILL FIND
GUIDELINES ABOUT:

SAFETY IN ALATEEN

HOW TO DO
OUTREACH

ALATEEN MEETINGS
IN SCHOOL

HOW TO START AN
ALATEEN GROUP

YOU WILL RECEIVE
A DOCUMENT WITH
LINKS TO THESE:
PLEASE READ

IMPORTANT POINTS FROM SAFETY GUIDELINES...

1

FAMILIARIZE
YOURSELF WITH
THE AREA'S (MA)
ASBRs (AREA SAFETY
AND BEHAVIORAL
REQUIREMENTS)

2

REMEMBER YOU
ARE RESPONSIBLE
FOR YOUR *OWN*
SAFETY AND WELL-
BEING

3

INVITE YOUR
DISTRICT REP TO
YOUR GROUP ON A
REGULAR BASIS

MORE IMPORTANT GUIDELINE POINTS...



TAKE RESPONSIBILITY FOR YOUR OWN BEHAVIOR AND THAT OF THE MEMBERS OF THE GROUP (so that you don't lose your meeting space)



IT IS SUGGESTED THAT ALATEEN GROUPS ESTABLISH BEHAVIOR GUIDELINES



TAKE REGULAR GROUP INVENTORY

KNOW YOUR RESOURCES...

OTHER AMIAS

DISTRICT REP

AAPP (Area Alateen
Process Person)

ALATEEN
COORDINATOR

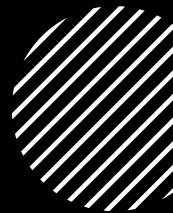
AREA
DELEGATE

WORLD
SERVICE
OFFICE

SERVICE
SPONSOR



ROLE OF AN AMIAS IN THE MEETING



PROVIDE DIRECTION TO ASSURE THAT THE EMPHASIS IS ON RECOVERY.



MAINTAIN APPROPRIATE ADULT BEHAVIOR.



ENCOURAGE ALATEENS TO KEEP ORDER AND TAKE RESPONSIBILITY FOR THEMSELVES AND THE MEETING.



ROLE OF AN AMIAS IN THE MEETING, cont.



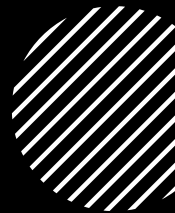
WORK WITH OTHERS FOR THE GOOD OF ALATEEN (PRESUME GOODWILL).

ENCOURAGE THE TEENS TO MAINTAIN THEIR OWN RECOVERY.

TO THE BEST OF THEIR ABILITY, MAINTAIN AN ATMOSPHERE THAT WILL PROTECT THE TEENS FROM PHYSICAL AND EMOTIONAL HARDSHIP.



ROLE OF AN AMIAS IN THE DISTRICT/ AREA



TAKE RESPONSIBILITY FOR THE ALATEENS IN THEIR CARE.

WORK WITH AREA/DISTRICT EVENTS AND ENSURE THAT THERE IS A PLAN IN PLACE FOR ALATEEN SAFETY IN COMPLIANCE WITH ASBRs.



ROLE OF GROUP SPONSORS



COMMUNICATE WITH YOUR
DISTRICT AND AREA ALATEEN
COORDINATORS.



BECOME FAMILIAR WITH
AREA REQUIREMENTS
(ASBRs) AND ALL WSO AND
AREA ALATEEN GUIDELINES.

ALATEEN MEETING PROCEDURES

1

ALATEEN MEMBERS
CHAIR THE MEETINGS
AND ASSUME
RESPONSIBILITY FOR
BEING GR, SECRETARY
AND TREASURER
*THOUGH THE SPONSOR
HOLDS THE FUNDS*

2

GROUP SPONSORS MAY
ASSIST OR COACH
MEMBERS IN LEADING
THE MEETING WHEN THE
MEMBER IS NEW

3

GROUP SPONSORS HELP
TO KEEP THE MEETING
ON TRACK BY GENTLY
GUIDING THE
DISCUSSION TO STAY ON
AL-ANON/ ALATEEN
PRINCIPLES

THE ALATEEN MEETING

- **AL-ANON/ALATEEN GROUPS AT WORK**
(P-24)
 - BASIC MEETING FORMATS
 - MEETING IDEAS
- **CAL** (CONFERENCE APPROVED LITERATURE)
 - COURAGE TO BE ME
- *The Forum*
- *e-CAL*
- *STEPS, TRADITIONS, AND CONCEPTS*

ALATEEN MEETING FORMATS

- DISCUSSION
- SPEAKERS
- Q&A'S
- WRITING
- PERIODIC MEETINGS ON SPONSORSHIP

PARENTS AND
THE ALATEEN
GROUP
SPONSOR

WHAT IS SAID IN AN ALATEEN MEETING IS
CONFIDENTIAL

GROUP SPONSORS KEEP ALATEEN'S
CONFIDENCES AND DO NOT INTERFERE IN
PARENT/CHILD RELATIONSHIPS NOR DO THEY
CHALLENGE PARENTAL AUTHORITY

ALATEENS AND AL-ANON MEMBERS CAN
SHARE WITH PARENTS HOW AL-ANON CAN
HELP *THEM* AND ENCOURAGE ATTENDANCE
AT AL-ANON MEETINGS



RESPONSIBILITY STATEMENT...

“AMIAS ARE TO PROVIDE DIRECTION TO ASSURE THAT EMPHASIS IS PLACED ON THE AL-ANON/ALATEEN PROGRAM OF RECOVERY AND, TO THE BEST OF THEIR ABILITY, MAINTAIN AN ATMOSPHERE THAT WILL PROTECT THE ALATEEN MEMBERS FROM PHYSICAL AND EMOTIONAL HARM.”

This statement can be found in the WSO Guidelines (G-34).

AMIAS: LINKS TO GUIDELINES FOR WSO AND AREA 25, MASSACHUSETTS

These Guidelines are a very important part of the responsibilities for an AMIAS (AI-Anon member in Alateen service). PLEASE read carefully.

1. Alateen Service Manual

<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/alateen-service-e-manual/>

2. Groups at work: Alateen information

<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/groups-at-work/>

3. Alateen Guidelines: WSO

<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/groups-at-work/>

4. Starting an Alateen group

<https://al-anon.org/for-members/group-resources/alateen/starting-alateen-group/>

5. Pamphlet: Has your life been affected by someone else's drinking for Alateens

<https://al-anon.org/for-members/group-resources/alateen/starting-alateen-group/>

6. Safety and Behavioral Requirements

<https://alanonma.org/wp-content/uploads/2025/01/ASBR-Area-25.pdf>

7. WSO Group Resources/Alateen

<https://al-anon.org/for-members/group-resources/alateen/>