



**48th Annual Massachusetts
Al-Anon/Alateen Convention
with AA Participation**

Magic
IS IN THE MEETINGS

March 21–23, 2025

“An Al-Anon group without long-term members has no experience, without middle-term members, has no stability, and without newcomers, no future.”

Victorian Southern Area
Newsletter, Australia 1998

BEST WESTERN ROYAL PLAZA HOTEL & TRADE CENTER
181 Boston Post Road West, Marlboro, MA 01752
(508) 460-0700

Dear Convention Attendees,

I am so pleased and honored to welcome you to the 48th Annual Al-Anon/Alateen Convention with AA Participation!

Our theme this year is Magic Is in the Meetings, and we hope you will find some magic in these meetings and our other planned activities this weekend.

There are many ingredients to the magic potion of our annual Convention - here are just a few:

- **Service** - those who have stepped up to serve on our Convention Subcommittees - our amazing Chairs and Co-Chairs - do the hard work of planning - and the many volunteers that make the Convention weekend possible as well as all those who participate in so many ways
- **Recovery** - All those involved are here for recovery from the disease of alcoholism - we do this for ourselves, and we join together to support each other
- **Time** - The investment of time, attention to detail, and willingness to put in the effort is all crucial to success - from planning to speaking and from attending to participating
- **Love** - We come together to find healing and we do it from a spirit of love and care and support for each other
- **You!** - We could not hold the Convention without all of you! We recover together - Tradition 1: Our Common welfare should come first, personal progress for the greatest number depends upon unity and Concept 4: Participation is the key to harmony.

Chairing this wonderful event has been a privilege. I love the Al-Anon/Alateen Legacies of Steps, Traditions, and Concepts, as they guide me in both personal recovery and being of service. My main role is to show up, provide a forum for others to do their work, and offer guidance based on our collective knowledge.

I am grateful to this year's Convention Committee who have all worked to create a weekend for our mutual enjoyment and recovery. They have invested time, energy, and a lot of care into making this event as warm, welcoming, and recovery-filled as possible. You are the last and most important ingredient in this magic potion that is our annual Convention, and I look forward to a magical event!

In service,

Linda W., New Ipswich, NH

2025 General Chairperson

48th Annual Al-Anon/Alateen Convention with AA Participation

2025 CONVENTION COMMITTEE

General Chairperson Linda W., New Ipswich, NH

General Co-Chairperson Skye J., Worcester

Secretary Chair Cathy C., Belmont

Treasury Chair Dee B., Swampscott

Hospitality Chair Chuck F., Orleans

Hospitality Co-Chair Janet M., Halifax

Literature Chair Mary W., Hanson

Literature Co-Chair Frances M., Northboro

Program Chair Maryellen D., East Bridgewater

Program Co-Chair Debbie C., Whitman

Program Co-Chair Kevin S., Hingham

Publicity Chair Pam C., Norwood

Publicity Co-Chair Doug A., Greenfield

Registration Chair Amanda B., Medway

Alateen (Amias) Chair Colleen R., Holden

AA Liaison Chair Cheryl G., Uxbridge

AA Liaison Co-Chair Catherine C., Concord

Raffle Chair Jo Ann W., Ludlow

Raffle Co-Chair Carol N., Somerville

Site Selection Chair Cynthia B., Brookfield



Convention & Program Notes

- **Special information on live streaming meetings in the Royal Ballroom**
 - All meetings in the Ballroom are live streamed.
 - Speakers have the choice of appearing to virtual attendees. If they choose not to, a convention banner will display. Participants will not be shown.
 - Audio recordings of the Ballroom meetings are included in registration and will be sent via email after the convention. For an extra charge, you may purchase the recordings on a thumb drive from Fleetwood at the convention.
- Program is subject to change.
- Live transcription and ASL services are available for the hearing impaired in the Royal Ballroom.
- Turn off or silence cell phones during all speaker and workshop meetings.
- No animals except service dogs are allowed in meeting rooms.
- Registration is credit card, cash or check.
- Literature is cash or check.
- Raffle tickets are cash only.

- Alateen meetings in the Princess Room are open to **teen attendees** only.
- AA meetings are in the Sterling (AA) Room.
- The Meditation room is in the Wayland Room and open during all convention hours.
- Hospitality is in the Duchess Room, just off the Registration area and will be open during all convention hours. The Hospitality committee has created fun and uplifting activities, such as making God boxes, puzzles, art projects. We invite you to write support letters for our Delegate's trip to the World Service Conference. There are always snacks, coffee nearby, a message board, and treasured fellowship available. Be sure to sign each "How AI-Anon Works" as gifts for our keynote speakers. Enjoy!

Raffle Information

The winners will be determined as follows:

- Winners of the special raffle baskets from the Convention Committee will be announced at the banquet. Tickets for the rest of the baskets will be pulled and a winners list will be posted publicly before the banquet.
- Participants must put their name and phone number on the raffle tickets.
- Raffle baskets unclaimed Saturday night will be available through Sunday morning. Please have your ticket with you. Remaining baskets will be taken to the Area Office for pick up.

For assistance, please ask any committee member; they are wearing special buttons.

Friday	
5:00pm - 6:00pm	
How I Began in Al-Anon	Royal Ballroom
Awareness, Acceptance, Action and Attitude	Marlboro
Tools of the Program	Southboro
How it Works	Sterling (AA)
Reserved for Alateen	Princess (Alateen)
6:15pm - 7:15pm	
Our Common Welfare: Practicing the 12 Traditions	Royal Ballroom
Making a Recovery Collage (Activity)	Southboro
Long Timers	Sudbury
The Magic Is in the Meeting	Sterling (AA)
Welcome Meet and Greet	Princess (Alateen)
7:30pm - 8:45pm	
Opening Meeting	Royal Ballroom
Linda W., New Ipswich, NH, General Chair	
Sheila, Whitman, Al-Anon	
Madonna, West Roxbury, Adult Child	
Mathematics, Cambridge, AA	
9:00pm-10:00pm	
Spiritual Walk (Activity)	Marlboro
Just for Tonight	Southboro
Principles Above Personalities	Westboro

Saturday	
7:30am - 8:15am	
Daily Reader	Royal Ballroom
8:30am-9:30am	
Detachment	Royal Ballroom
Prayer and Meditation	Marlboro
Rainbow in Recovery: LGBTQ+	Southboro
Be Brief, Be Kind, Be Gone	Westboro
Hanging up the Cape: Why Do I Need to Be Mighty Mouse?	Sudbury
Illusion of Control	Boxboro
Steps 1, 2 and 3: Giving it Up	Northboro
Daily Reflections	Sterling (AA)
(Reserved for Alateen)	Princess (Alateen)
9:45am-10:45am	
Panel Meeting : Important Meetings When I Was a Newcomer (Al-Anon, Adult Child & AA)	Royal Ballroom
Julianna, Brewster, Al-Anon	
Christine H., Randolph, AA	
Melissa, Adult Child	
FROG: Fully Relying on God	Marlboro
Dual Members	Southboro
I Didn't Cause it, I Can't Cure it, I Can't Control it	Westboro
Healthy Anger, Conflict Resolution	Sudbury
Grandparents/Parents: My Part, My Boundaries	Boxboro
Steps 4-7: Owning Up and Cleaning Up	Northboro
Action Is the Magic Word (Service)	Sterling (AA)
(Reserved for Alateen)	Princess (Alateen)

Saturday continued	
11:00am - 12:30pm	
LUNCH	
12:30pm-1:30pm	
Panel Meeting: The Meeting that Changed My Life	Royal Ballroom
Sharon B., Franklin, Al-Anon	
Kathy M., Brockton, Adult Child	
Don G., Holbrook, AA	
Spiritual Walk (Activity)	Marlboro
Writing for New CAL on the Topic of Finances and Recovery (Activity)	Southboro
Feed my Fears or Calm my Fires	Westboro
Good Grief: Healing in Al-Anon	Sudbury
They Are Sober: Now What?	Boxboro
Steps 8 and 9: Making Up	Northboro
Slogans: When Are They Useful?	Sterling (AA)
What's in the Toolbox?	Princess (Alateen)
1:45pm-2:45pm	
Speaker Meeting: Alateen /AMIAS/Adult Child	Royal Ballroom
TBA	
Sex, Trust and Intimacy	Marlboro
Problems of Money, Property and Prestige: Being Self Supporting	Southboro
Expectations	Westboro
Get Off Their Back, Get Out Of The Way, Get On With Your Life	Sudbury
Wait for the Miracle	Boxboro
Steps 10, 11 and 12: Keeping Up	Northboro
Living in the Solution: Do You Have a Sponsor?	Sterling (AA)
(Closed for Speaker Meeting in the Ballroom)	Princess (Alateen)

Saturday continued

3:00pm-4:00pm

AA Keynote Speaker Meeting	Royal Ballroom
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Cheryl G., Uxbridge, AA Liaison Chair

Tom W., Leominster, AA Keynote Speaker

AMIAS Workshop	Marlboro
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Moving On: Alateen to Al-Anon	Princess (Alateen)
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4:15pm-515pm

(Closed for Banquet Prep)	Royal Ballroom
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You Can Change Your Story	Marlboro
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Journaling; Pen, Paper & Prayer (Activity)	Southboro
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Mothering, Managing, Manipulating and Martyrdom	Westboro
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Autonomy: What's Mine? What's Yours?	Sudbury
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Trauma and Healing	Boxboro
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Men in Al-Anon	Northboro
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Fun, Food and Fellowship (How to Find It!)	Sterling (AA)
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Pizza Party	Princess (Alateen)
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Saturday Continued	
5:30pm-9:00pm	
Banquet	Royal Ballroom
Maryellen D., East Bridgewater, Program Chair	
Nancy S., Midland, GA, Al-Anon Keynote Speaker	
9:15pm-12:00am	
DANCE	Royal Ballroom
9:15pm-10:15pm	
Spiritual Walk (Activity)	Marlboro
Just for Tonight	Southboro
Waking Up Scared, Going to Sleep Peaceful	Westboro

Sunday	
7:30am-8:15am	
Daily Reader	Royal Ballroom
8:30am-9:30am	
Road Trip: Bumps on the Road, at a Crossroads, Enjoying the Ride	Marlboro
Embracing Change	Southboro
Practice, Purpose, Perseverance	Westboro
Daily Reflections	Sterling (AA)
Spiritual Meeting: Hello HP	Princess (Alateen)
9:45am-11:15am	
Spiritual Speaker Meeting	Royal Ballroom
Linda W., New Ipswich, NH, General Chair	
Nadine VK., Stoughton, Al-Anon	
Leslie C., Medfield, Adult Child	
Tracy G., Clinton, AA	

Restaurants Near Best Western Royal Plaza Hotel and Trade Center
181 Boston Post Road (508) 460-0700

All Star Bar & Grill
181 Boston Post Rd W
Distance from Hotel: 0.2 miles

Atlantic Poke
237 Boston Post Rd W
Distance from Hotel: 0.2 miles

Ben & Jerry's
187 Boston Post Road West
Distance from Hotel: 0.2 miles

China Taste
197 Boston Post Rd W Ste A
Distance from Hotel: 0.2 miles

Evviva Trattoria - Marlboro
142 Apex Dr
Distance from Hotel: 0.3 miles

Friendly's
180 Boston Post Rd W
Distance from Hotel: 0.3 miles

Five Guys
197 Boston Post Road West
Distance from Hotel: 0.1 miles

Linguine's Italian Eatery
350 Boston Post Rd W
Distance from Hotel: 0.5 miles

McDonald's
155 Boston Post Rd W
Distance from Hotel: 0.2 miles

Mirchi Nation
197H Boston Post Rd W
Distance from Hotel: 0.1 miles

Panera Bread
197 Boston Post Road W
Distance from Hotel: 0.2 miles

Tao Ramen Sushi
197 Boston Post Rd W Ste
Distance from Hotel: 0.1 miles

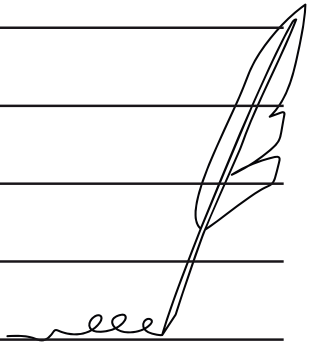
The Pit Stop Tavern
21 Apex Dr
Distance from Hotel: 0.4 miles

Wendy's
176 Boston Post Rd West
Distance from Hotel: 0.2 miles

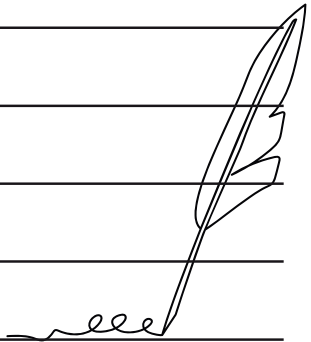
99 Restaurants
32 Boston Post Rd W
Distance from Hotel: 0.5 miles

110 Grill
115 Apex Dr Ste A
Distance from Hotel: 0.3 miles

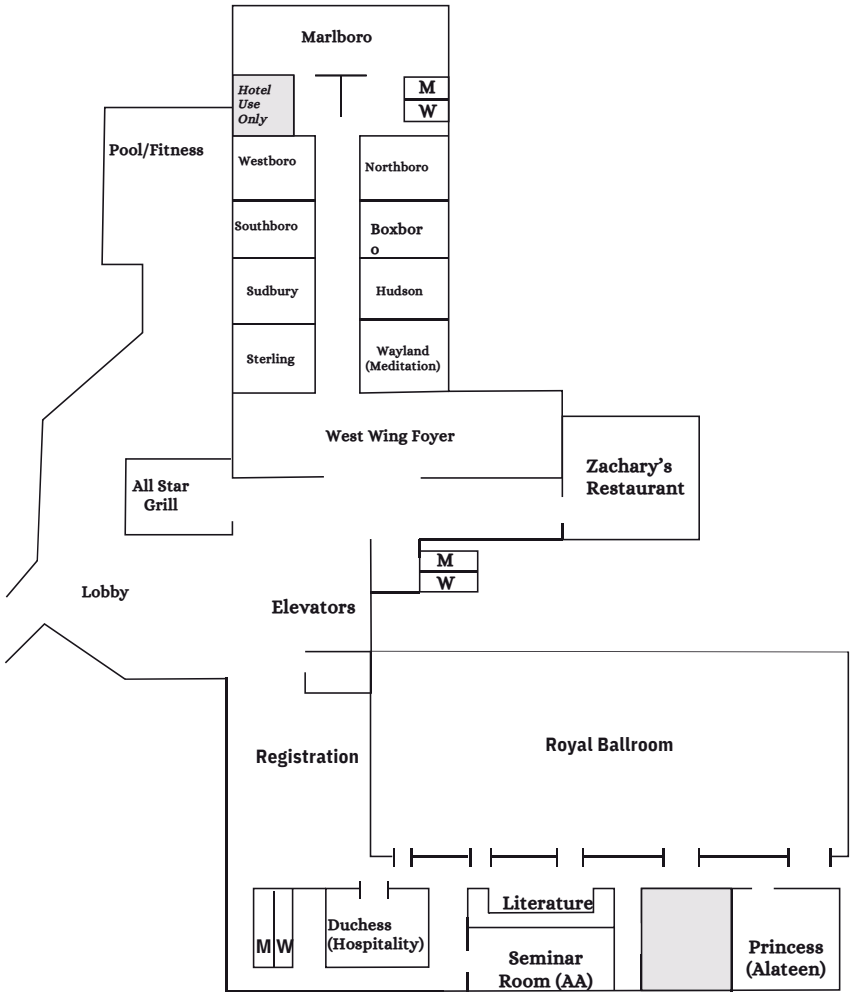
A series of horizontal lines for writing, consisting of 20 lines. The 10th line from the top is a double line, serving as a baseline. The bottom-most line is a solid line, and the pen nib is positioned on it.



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BEST WESTERN ROYAL PLAZA HOTEL, MARLBOROUGH, MA





Scan here for an online

Feedback & Volunteer Form

for the 2026 Convention

Please return lanyards to Registration

Thank you!