



# PROPOSAL FOR A PROJECT TO BENEFIT AL-ANON /ALATEEN FAMILY GROUPS IN MASSACHUSETTS

## Overview

Through the generosity of Al-Anon members, Al-Anon Family Groups of Mass, Inc. can be named as a beneficiary in their wills. Per the By-Laws of AFG of Mass Inc. the use of these funds is described in *Bequests from Al-Anon members to Al-Anon Family Groups of Massachusetts, Inc. Principles and Policy* as approved by the Area Assembly 5/21/22. [see 10. Appendix1]

At the Area Assembly on 10/15/22 procedures were approved to guide the process for this. This document includes the **Criteria for Assessing Proposals at this end of this document.** [see 11. Appendix2]

Please review these documents as you consider ideas that will support and encourage current and future members of all ages.

**After your Group, District or Area Committee has discussed** and developed your idea(s), please complete this form and submit it following the instructions at the end.  
Consider these points:

- How does project help fulfill our primary purpose to help families and friends of alcoholics?
- Does the project reflect the principles within the Legacies?
- Does the project reflect, spiritual principles such as abundance, acceptance, equality, gratitude, hope, trust, unity, mutual respect, attraction not promotion, responsibility, prudence etc.?

## Application

### Group/District/Area Committee submitting this proposal.

[note: this must be a link of service within Massachusetts]

Group or District number and location:	30614925 Saturday Morning AFG Step Meeting Conant St., Beverly 01915, District 13
Area Committee:	

### Primary Contact person:

Full Name:	Janet K
Service Position (if applicable):	Alt GR
Phone:	Hidden for anonymity
Email Address:	Hidden for anonymity



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## Project Name

Do You Worry About How Much Someone Drinks? Al-Anon Outreach for Teens

## Project Description (be as detailed as you can)

This project is intended to distribute Alateen and Al-Anon literature and posters to school professionals (nurses, guidance counselors, and social workers) for students and their parents/guardians at district 13 public high schools.

## Al-Anon/Alateen Legacies

### Which Al-Anon/Alateen Legacies are reflected in your project?

This project provides information about recovery and acts in service through outreach to professionals.

## Project Reach

### Describe how many members (potential members), groups or districts might be expected to benefit.

Students and their families from district public high schools, including Rockport, Gloucester, Ipswich, Middleton, Hamilton/Wenham, Danvers, Beverly, Salem, Peabody, Swampscott, and Marblehead.

## Will neighboring groups or districts also participate in the project or be expected to benefit?

### Please identify:

No

## Will you be reaching out to anyone in the professional community? (Clergy, counselors, educators, law enforcement, etc.)

Yes, school guidance counselors, nurses, and social workers.

## Project Planning and Implementation

### How many members within your Group/District/Area Committee are actively involved in the planning of the project?

All members in our group have been invited to participate. Three members are researching the CAL literature and reaching out to professionals in the schools.

### Estimate how many members will be involved in the implementation.



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We hope approximately 6-12 members will serve as liaisons to the schools.

### Who will lead the project?

Janet K

### What links of service will provide support, oversight, and decision making? If you need assistance, the Bequest Committee will help with this.

The links of service that will provide support are the bequest committee and the state Alateen coordinator

## Alateens

### If Alateens are directly participating in the project, who are the AMIAS involved?

N/A

### If prospective Alateens are the focus of the project, how will AMIAS be assisting?

Direct contact is with professionals, not the teens. We have an AMIAS involved with the research and he is willing to advise about the project.



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## Cost of Project

Overall expected cost:

\$956.46

**Please describe how you arrived at this total?**

Estimated cost of printing 16 (11 English, 5 Spanish) posters 8 ½ x 11 laminated color @ \$2.88 each: \$46.08, plus 6.25% tax of \$2.88  
\$48.96

Cost of CAL brochures/bookmarks:

4 Alateen @ \$0.25 each, approximately 50 per school: \$50.00 x 11 schools \$550.00

2 Al-Anon @ \$0.25 each, approximately 50 per school: \$25.00 X 11 schools: \$275.00

Shipping: \$82.50

Total Estimated Cost: \$956.46

*Note: CAL literature will be distributed according to student population. For example, Rockport HS has a population of about 225 students, while Salem HS is about 890 students*

**Pease provide details of estimates you have from any outside vendors. Ex: printing of a banner for Public Outreach event, cost of billboard, printing of posters to distribute, cost of CAL that will be used (including P&H), cost of mailing CAL, formal proposals from any outside vendor or professional consultant, etc.,**

Printing estimate is from the Staples printing department

**Will seed money be needed prior to launch of the project?**

**Please describe.**

No

## Timeline

**When would you like to begin this project?**

**Include actual dates if appropriate or describe a time span the project would cover.**

We would like to begin after the spring assembly, to provide professionals time to look over the literature and be ready to provide CAL to families (both for teens who are bothered by



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someone's drinking, as well as for parents and guardians who are bothered by their child's drinking) for the beginning of the 2025-2026 school year. If this outreach is successful, we hope to continue providing literature if our group has ample funds.



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**Bequest Work Group is available for assistance in completing this Proposal.  
Please contact [Bequest@alanonma.org](mailto:Bequest@alanonma.org).**

**Please submit via email to [Bequest@alanonma.org](mailto:Bequest@alanonma.org).**

Date submitted:

12/31/24

***In submitting this proposal, the members involved understand that all requests will be held in confidence by the Bequest Work Group throughout the approval process. Additional information may be requested, and suggestions may be offered. The Group Conscience decision of each reviewing link of service (Bequest Work Group, Steering Committee, AWSC, Assembly) will be independent and respected. If approved, any unspent funding will be returned to the Area within one month of end of project.***

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### **For Bequest Work Group**

Date received by Bequest Work Group: 12/31/24

Date acknowledged by Bequest Work Group: 1/3/25

Date Bequest Work Group submits for Steering Committee review: 2/24/25

Response from Steering Committee: 2/26/25

Date of presentation to AWSC: 4/6/25

Date of presentation to Assembly: 5/10/25

Date of final approval: \_\_\_\_\_



# PROPOSAL FOR A PROJECT TO BENEFIT AL-ANON /ALATEEN FAMILY GROUPS IN MASSACHUSETTS

## Appendix 1

### Bequests from Al-Anon members to Al-Anon Family Groups of Massachusetts, Inc. Principles and Policy

Approved by Area Steering Committee: 3/20/2022

Approved by Area World Service Committee: 4/3/2022

Approved by Area Assembly: 5/21/2022

#### Principles

1. Policies of AFG of MA will be based on the Al-Anon/Alateen Service Manual. (Article III of the By-Laws)]
2. By-Laws of Al-Anon Family Groups of Massachusetts, Inc [as revised Nov 3, 1990] Article IX. Finance, Section 5. Individual Contributions/Bequests. " Individual contributions and bequests to AFG of MA, Inc. are accepted as defined for the WSO in the Al-Anon/Alateen Service Manual at the time the contribution is received." (note: this Policy was created based on 2018-2021 version two pgs 103-104)
3. Tradition Four "Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole."
4. Tradition Six "Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always co-operate with Alcoholics Anonymous."
5. Tradition Seven "Every group ought to be fully self-supporting, declining outside contributions."
6. Tradition Twelve "Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities."
7. Concept One " The ultimate responsibility and authority for Al-Anon world services belongs to the Al-Anon groups.
8. Warranty One "Sufficient operating funds, including an ample reserve, should be its prudent financial principle."

#### Policy

1. AFG of MA may accept a one-time bequest from an Al-Anon member's estate or trust in any amount.
2. Bequest amounts, up to 10% of the total revenue of AFG of MA "General fund" as identified in the previous year's MA Tax Return (Gross Support and Revenue), will be placed in the operating account. See example below.
3. Any excess amount (above the 10% as described above) will be held in a separate account and be reported on monthly.
4. Expenditures from this account will be authorized by the Assembly via approval of the Annual budget or approval of a specific project, and monitored by the Steering Committee.
5. Excess amounts are not available for general purposes, unless authorized by the Assembly.
6. There will be no public acknowledgment of the gift and the gift may not be earmarked for specific purposes by the donor.



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### Example using the bequest received on [date]:

Bequest Amount:

2020 MA Tax Return, Gross Support & Revenue: 10% of MA Tax Return Revenue:

Amount to be placed in the operating account: Excess funds from the bequest:

Funds subject to Assembly authorization:

Funds reported on separately:

\$85,841.85 \$124,874 \$12,487.40 \$12,487.40 \*\* \$73,354.45 \$73,354.45 \$73,354.45

\*\* All expenditures from the operating account are determined by the Annual Budget approved by the Assembly.

### Appendix2

#### Criteria for Assessing Proposals

##### Requirements:

The proposal must meet these criteria to be moved forward. If it does not meet these criteria, then it will be returned to the applicant for discussion.

1. The applicant must be a member of a meeting in Area 25, or part of the service structure of Area 25.
2. The project must primarily benefit members or potential members residing within Area 25.
3. The proposal must reflect Al-Anon Legacies.

##### Criteria for Evaluation:

The Bequest Work Group will consider Tradition Seven and Concepts Three, Four, Nine and Ten as they review all proposals.

The following criteria are used to help assess impact, practicality, and cost of the proposals. They may help determine the possibility of the success of the project. They may help an assessment of whether this is a prudent use of funds (as we are financial stewards). They may be useful if it becomes necessary to choose between projects (e.g., if funds become low). These criteria may become part of presenting the proposals to the Assembly.

- How many groups or people would be impacted?
- Does this proposal align with any existing goals of the Area?
- Are there people or entities ready to carry out the proposal? How many will be involved?
- How long will the proposal take to accomplish?
- Does the proposal require multiple steps or actions that would make implementation difficult?
- Is the overall cost of the proposal a prudent use of available funds?



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