

ALATEEN CONFERENCE APPROVED LITERATURE LIST

LITERATURE FOR AMIAS SPONSORS:

- ❖ Al-Anon/Alateen Service Manual 2022 – 2025 P-24/27 Essential reference sourcebook. Contains “Al-Anon and Alateen Groups at Work,” “Digest of Al-Anon and Alateen Policies,” “World Service Handbook,” and descriptive text explaining “Al-Anon’s Twelve Concepts of Service.” Current edition. Indexed, Spiral bound. (P-24/27) {\$11.00}
- ❖ Al-Anon-Alateen Groups at Work 2022-2025 (P-24) Indispensable resource for members and groups. Includes Meeting Format, as well as ideas and information to encourage group unity. 80 pages. P-24 {\$1.00}
- ❖ Alateen Sponsorship, Is It for You? (S-27) Questions for Al-Anon members help to decide about sponsoring an Alateen group. S-27 {\$0.25}
- ❖ Guide for the Sponsors of Alateen Groups (P-29) Basic information for Alateen Group Sponsors on starting and supporting an Alateen group. Six pages. P-29 {\$0.25}
- ❖ Information for Educators (S-64) Answers the questions educators ask about Alateen. Six pages. S-64 {\$0.25}

ALATEEN PAMPHLETS:

- ❖ Alateen, Is It for You? (S-20) Twenty questions for young people to decide if Alateen is for them. {\$0.25}
- ❖ Facts About Alateen (P-41) Basic information about Alateen, for young people affected by someone else’s drinking. Six pages. {\$0.25}
- ❖ Alateen Newcomer Packet (K-18) Welcomes new Alateen members with helpful leaflets assembled in a booklet. Includes M-9, P-21, P-41, P-67, and S-20. {\$1.75}
- ❖ Twelve Steps and Twelve Traditions for Alateen (P-18) Legacies. Includes questions, discussions, and personal reflections by Alateen members. 60 pages. P-18 {\$0.75}
- ❖ Alateens Share with Adults in Their Lives (P-67) For any adult in contact with a teenager affected by someone else’s drinking. (Formerly titled Dear Mom & Dad.) Six pages. P-67 {\$0.30}

ALATEEN BOOKS:

- ❖ Living Today in Alateen (B-26) Alateen’s second daily reader shows how members practice the program right now, today. Indexed. 378 pages. {\$15.00}
- ❖ Alateen – A Day at a Time (B-10) Daily help for teens. Positive sharings from Alateen members around the world. Indexed. 384 pages. {\$11.50}

- ❖ **Courage to Be Me – Living with Alcoholism (B-23)** Alateen’s most comprehensive book, filled with shared recovery from Alateen members. Includes workshops for group discussions. Indexed, softcover. 326 pages. {\$13.00}
- ❖ **Alateen-Hope For Children of Alcoholics (B-3)** Basic introductory book for teens affected by someone else’s drinking. Easy-to-understand explanation of alcoholism and the Alateen program. Indexed, softcover. 128 pages. {\$9.50}

ALATEEN LITERATURE EXTRAS:

- ❖ **Alateen 10th Step Sheet – daily checklist (S-6)** For Alateen members taking a daily inventory, this handy Step Ten sheet can help. {\$0.25}
- ❖ **Just for Today – Alateen bookmark (M-13)** Offers Alateen ideas for making each day special, and reminders for focusing on the present. Bookmark {\$0.25}
- ❖ **Just For Today – Wallet card (Alateen) (M-11)** Offers Alateen ideas for making each day special, and reminders for focusing on the present. {\$0.25}
- ❖ **Just For Tonight Alateen – Bookmark (M-82)** Companion piece to Alateen’s *Just for Today* offers Alateen ideas to help prepare for a peaceful, restful night. {\$0.25}
- ❖ **Do’s & Don’ts Wallet card (Alateen) (M-9)** Helpful suggestions on what to do-and what not to do. Wallet card. {\$0.25}

ALATEEN BOOKLETS:

- ❖ **Alateen Talks Back – Slogans (P-70)** Alateen members share how the slogans help, using prose, poetry, and artwork from the Alateen Talk newsletter. Illustrated. 32 pages. {\$2.00}
- ❖ **Alateen Talks Back – Detachment (P-73)** Alateen members share on letting go with love, using prose, poetry, and artwork from the Alateen Talk newsletter. Illustrated. 32 pages. {\$2.00}
- ❖ **Alateen Talks Back – Acceptance (P-68)** Alateen members share on accepting the reality of their lives using prose, poetry, and artwork from the Alateen Talk newsletter. Illustrated. 32 pages. {\$2.00}
- ❖ **Alateen Talks Back – Serenity (P-69)** Alateen members share on searching for serenity using prose, poetry, and artwork from the Alateen Talk newsletter. Illustrated. 32 pages. {\$2.00}
- ❖ **Moving On! From Alateen to Al-Anon (P-59)** Transitioning into Al-Anon described by former Alateen members as they continue recovery. 12 pages. {\$0.50}
- ❖ **Alateen 4th Step Inventory Workbook (P-64)** This workbook keeps it simple for members of any age, with questions, cartoons, and space to write or draw your feelings. 48 pages. {\$5.00}