

# **ALATEEN OUTREACH “PRESENTATIONS”**

## **RESOURCE GUIDE**

### **GOALS:**

- ❖ To encourage AMIAS and Al-Anon members to look at service work in the area of Alateen outreach
- ❖ To increase Alateen attendance at meetings
- ❖ To reach out to organizations that serve teens.
- ❖ To encourage person- to- person outreach
- ❖ To create Alateen presentations to teen organizations through in person community forums or by use of virtual platforms
- ❖ To encourage outreach especially in geographical areas where established Alateen meetings are.

### **SUGGESTED COMMUNITY ORGANIZATIONS FOR OUTREACH TO TEENS**

- ❖ Alcoholics Anonymous (Al-Anon Liaison to AA)
- ❖ High School Guidance & Support services
- ❖ Boys & Girls Clubs
- ❖ Human Service Agencies for Youth
- ❖ Libraries
- ❖ Law Enforcement Agencies
- ❖ High School Health Fairs
- ❖ Places of Worship (Church)
- ❖ Court Systems
- ❖ City/Town Government
- ❖ Department of Children & Families (DCF)
- ❖ Local Alcohol Recovery Centers
- ❖ Colleges & Universities
- ❖ Hospitals
- ❖ Police- School Resource Officers

## VIRTUAL PRESENTATION RESOURCES

### YOUTUBE VIDEOS

- ❖ Together We Can Make It-How Alateen Helps
- ❖ What Do Teens Say About Alateen
- ❖ Life For Teens Before Alateen – How Alateen Helps

### ALATEEN SQUARE - website (alanonma.org)

Our website has a great Alateen links for presentations. (The bold face text are links to Alateen material that may be of assistance).

Perhaps you could present the website to attendees and highlight some of it's poignant features  
The following text is copied as it appears on the Alateen Square.

#### *Is Alateen for you?*

- ❖ Answer these **20 questions** to see if Alateen is for you.
- ❖ **More About Alateen**
- ❖ **Online Meetings** (opens window at a different site)
- ❖ Alateen FAQs
- ❖ **Alateen Posters:**
- ❖ **Poster- You are not alone**
- ❖ **Poster-Does someone's drinking bother you?,**
- ❖ **Spanish Poster- Te molesta que alguien beba?**
- ❖ **Online Resources:**
- ❖ Find more resources at the **World Service Teen Corner** (opens window at a different site)
- ❖ Download the Al-Anon Family Groups app to find Alateen meetings
  - **App Store**
  - **Google Play**

We learn that:

- ❖ We can detach ourselves emotionally from the drinker's problems while continuing to love the person
- ❖ We are not the cause of anyone else's drinking or behavior
- ❖ We cannot change or control anyone but ourselves

We come together to:

- ❖ Share experience, strength and hope with each other
- ❖ Discuss our difficulties
- ❖ Encourage one another
- ❖ Help each other understand the principles of the Al-Anon/Alateen program

- ❖ Learn how to use Alateens Twelve Steps and Twelve Traditions
- ❖ For More Information:
- ❖ Contact the Massachusetts Alateen coordinator at [alateen@alanonma.org](mailto:alateen@alanonma.org).
- ❖ **AFG of MA Alateen News**
- ❖ **Alateen Service e-Manual – Al-Anon Family Groups**
- ❖ **Alateen Facebook page for AMIAS**

## **ALATEEN GUIDELINES** ([alanonma.org](http://alanonma.org))

(click on SERVICE, drop down menu will appear, click on GUIDELINES)

These can be virtually displayed or hard copied for in person presentations;

- ❖ **G-3 Cooperation between Al-Anon and AA**
- ❖ **G-5 Alateen Meetings In Schools**
- ❖ **G-9 Al-Anon/Alateen Public Outreach Service Outreach To Institutions**
- ❖ **G-19 Starting An Alateen Group**
- ❖ **G-22 A Meeting On Wheels**
- ❖ **G-24 Area Alateen Coordinators**
- ❖ **G-34 Alateen Safety Guidelines**

## **ALATEEN BOOKS AND PAMPHLET RESOURCES-Conference Approved Literature**

- ❖ Al-Anon/Alateen Service Manual P-24/27 Essential reference sourcebook. Contains “Al-Anon and Alateen Groups at Work,” “Digest of Al-Anon and Alateen Policies,” “World Service Handbook,” and descriptive text explaining “Al-Anon’s Twelve Concepts of Service.” Current edition. Indexed, Spiral bound. (P-24/27) (\$11.00]
- ❖ Al-Anon-Alateen Groups at Work 2022-2025 (P-24) Indispensable resource for members and groups. Includes Meeting Format, as well as ideas and information to encourage group unity. 80 pages. P-24 {\$1.00}
- ❖ Alateen Sponsorship, Is It for You? (S-27) Questions for Al-Anon members help to decide about sponsoring an Alateen group. S-27 {\$0.25}
- ❖ Guide for the Sponsors of Alateen Groups (P-29) Basic information for Alateen Group Sponsors on starting and supporting an Alateen group. Six pages. P-29 {\$0.25}
- ❖ Information for Educators (S-64) Answers the questions educators ask about Alateen. Six pages. S-64 {\$0.25}

## **ALATEEN PAMPHLETS:**

- ❖ Alateen, Is It for You? (S-20) Twenty questions for young people to decide if Alateen is for them. {\$0.25}
- ❖ Facts About Alateen (P-41) Basic information about Alateen, for young people affected by someone else's drinking. Six pages. {\$0.25}
- ❖ Alateen Newcomer Packet (K-18) Welcomes new Alateen members with helpful leaflets assembled in a booklet. Includes M-9, P-21, P-41, P-67, and S-20. {\$1.75}
- ❖ Twelve Steps and Twelve Traditions for Alateen (P-18) Legacies. Includes questions, discussions, and personal reflections by Alateen members. 60 pages. P-18 {\$0.75}
- ❖ Alateens Share with Adults in Their Lives (P-67) For any adult in contact with a teenager affected by someone else's drinking. (Formerly titled Dear Mom & Dad.) Six pages. P-67 {\$0.30}

## **ALATEEN BOOKS:**

- ❖ Living Today in Alateen (B-26) Alateen's second daily reader shows how members practice the program right now, today. Indexed. 378 pages. {\$15.00}
- ❖ Alateen – A Day at a Time (B-10) Daily help for teens. Positive sharings from Alateen members around the world. Indexed. 384 pages. { \$11.50}
- ❖ Courage to Be Me – Living with Alcoholism (B-23) Alateen's most comprehensive book, filled with shared recovery from Alateen members. Includes workshops for group discussions. Indexed, softcover. 326 pages. (\$13.00)
- ❖ Alateen-Hope For Children of Alcoholics (B-3) Basic introductory book for teens affected by someone else's drinking. Easy-to-understand explanation of alcoholism and the Alateen program. Indexed, softcover. 128 pages. {\$9.50}

## **ALATEEN LITERATURE EXTRAS:**

- ❖ Alateen 10th Step Sheet – daily checklist (S-6) For Alateen members taking a daily inventory, this handy Step Ten sheet can help. {\$0.25}
- ❖ Just for Today – Alateen bookmark (M-13) Offers Alateen ideas for making each day special, and reminders for focusing on the present. Bookmark {\$0.25}
- ❖ Just For Today – Wallet card (Alateen) (M-11) Offers Alateen ideas for making each day special, and reminders for focusing on the present. {\$0.25}

- ❖ Just For Tonight Alateen – Bookmark (M-82) Companion piece to Alateen’s *Just for Today* offers Alateen ideas to help prepare for a peaceful, restful night. {\$0.25}
- ❖ Do’s & Don’ts Wallet card (Alateen) (M-9) Helpful suggestions on what to do-and what not to do. Wallet card. {\$0.25}

#### **ALATEEN BOOKLETS:**

- ❖ Alateen Talks Back – Slogans (P-70) Alateen members share how the slogans help, using prose, poetry, and artwork from the Alateen Talk newsletter. Illustrated. 32 pages. {\$2.00}
- ❖ Alateen Talks Back – Detachment (P-73) Alateen members share on letting go with love, using prose, poetry, and artwork from the Alateen Talk newsletter. Illustrated. 32 pages. {\$2.00}
- ❖ Alateen Talks Back – Acceptance (P-68) Alateen members share on accepting the reality of their lives using prose, poetry, and artwork from the Alateen Talk newsletter. Illustrated. 32 pages. {\$2.00}
- ❖ Alateen Talks Back – Serenity (P-69) Alateen members share on searching for serenity using prose, poetry, and artwork from the Alateen Talk newsletter. Illustrated. 32 pages. {\$2.00}
- ❖ Moving On! From Alateen to Al-Anon (P-59) Transitioning into Al-Anon described by former Alateen members as they continue recovery. 12 pages. {\$0.50}
- ❖ Alateen 4th Step Inventory Workbook (P-64) This workbook keeps it simple for members of any age, with questions, cartoons, and space to write or draw your feelings. 48 pages. {\$5.00}